



a wellness partnership

CHINESE MEDICINE

YourWellnessConnection.com/Acupuncture

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7 REASONS TO TRY CHINESE MEDICINE

- 1. NO DRUGS AND NO SIDE EFFECTS.** Unlike western medicine, drugs and surgical procedures, Chinese medicine does not have detrimental side effects. The most commonly reported side effect is a sense of well-being.
- 2. CHINESE MEDICINE IS SAFE.** Acupuncture and Chinese herbal medicine have a long history of proven safety and effectiveness. Properly prescribed by a fully trained practitioner of Chinese Medicine, these therapies are gentle and effective.
- 3. CHINESE MEDICINE IS HOLISTIC AND TREATS THE ROOT OF PAIN AND DISEASE.** Acupuncture and Chinese medicine understand that the human body is a dynamic, holistic organism and does not treat just the symptoms. It considers the effects of and the relationships between all the influences of constitution, lifestyle, environment, diet, and mental and emotional states.
- 4. CHINESE MEDICINE IS ONE OF THE OLDEST AND MOST WIDELY USED SYSTEM OF MEDICINE IN THE WORLD.** Since its inception, Chinese Medicine has been a complete medical system for 5,000 years and has survived unchanged because it works! It is estimated that over half of the world's 6 billion population utilize Chinese Medicine in over 120 countries. It is also recognized by the National Institutes of Health and the World Health Organization as an effective health care system. Chinese medicine can treat numerous and varied ailments, and can also treat syndromes or symptoms that don't have a clear explanation or have not responded to conventional medicine.
- 5. ACUPUNCTURE CAN BE USED AS A PREVENTIVE MEDICINE.** Regular acupuncture treatments help reawaken the self-healing and regenerating capacity of the body, so you are less likely to need conventional medicine as often. You don't have to wait for something to go wrong to receive benefits. Acupuncture and Chinese Medicine are best utilized as part of a person's commitment to well-being and is most effective when combined with solid nutrition, regular exercise and adequate rest.
- 6. CHINESE MEDICINE TREATS THE INDIVIDUAL, NOT THE SYMPTOM.** Just because two people experience the same symptom, does not mean the root cause is identical. Practitioners of Chinese medicine treat according to your individual needs. This results in a more precise, effective and result-oriented treatment.
- 7. CHINESE MEDICINE IS COST EFFECTIVE.** Compared to western therapies such as pharmaceuticals, drugs and surgery, Chinese Medicine is much less expensive. Combining dietary and lifestyle changes with a small investment in Chinese medicine will increase your quality of life in numerous and far-reaching ways.

Your Wellness Connection offers the following services: Chiropractic, Colonics, Corporate Wellness Consulting, Counseling, Esthetics, Exercise Therapy, Functional Medicine, Hypnotherapy, Massage Therapy, Reflexology, and Reiki/Energy Healing

Call us today at 913-962-7408

For more information visit www.yourwellnessconnection.com

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